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## Flat Hit Forehand

Posted by Spinscience - 2005/08/20 16:12

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I had a question about the flat hit forehand I am a very good powerlooper and spin looper on the forehand and backhand but I have trouble flat hitting, I have to loop kill everything and it would be a lot easier if on lets say a smash I could flat hit because it seems easier for players to return my loop kill than when I flat smash or just to change things up a bit and suprise my oppents from going from a heavy topspin loop to a flat hit. Maybe it is just not a high percentage shot, right now I am playing at about 1700-1800 level. Thanks for your help.

Post edited by: spinscience, at: 2005/08/20 19:15

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## Re:Flat Hit Forehand

Posted by larrytt - 2005/08/25 09:27

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Spinscience wrote:

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I'm not sure if you are asking how to hit a flat forehand, or whether you should learn to do so. To learn to do so, you need a coach (or an advanced club player). As to whether to develop it, it depends. If you are big and strong, or can generate power easily with your loop, then focus on overpowering players with your loop against weaker balls. With good ball placement, you don't need overpowering shots to end the point. (Many players don't think about ball placement.) But if you are having difficulty penetrating opponents, then you'll need to smash more.

One important note: many players ruin their long-term game by focusing too much on smashing. This might be OK for most, but around the 2000-2200 level these players get stuck, as loopers begin to dominate and turn hitters into blockers. (Of course, this may be beyond the level you are aiming for.) In general, I'd advise focusing on looping, with smashing a secondary shot. In other words, think loop, smash when you see the chance.

-Larry Hodges

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## Re:Flat Hit Forehand

Posted by Spinscience - 2005/08/25 10:41

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thanks for the replie larry! yes I am aming for a very high level.

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## Re:Flat Hit Forehand

Posted by ricky - 2005/09/21 08:20

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Spinscience wrote:

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spin...if you send me a mailing address and \$10 i will put together a cd for you of johnny huang...nothing like Reflex or anything...just a bunch of clips of him playing different guys...if you want to flat hit..hes the only image in your mind you need..

ricky

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info@worlds-best-athlete.com

Post edited by: ricky, at: 2005/09/21 11:21

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## Re:Flat Hit Forehand

Posted by tabletennisnetwork - 2007/10/27 14:47

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Larry is correct. Concentrate on top spin, Smash second. As Rick said, Johnny is the best smasher but he uses short pips. The angle of the blade with the regular rubber is different.

To improve your game, I would suggest you a training DVD called 'Forehand Smash Mastery'. You can go step by step and master Smashes. The video is availalbe with the preview on <http://www.TableTennisNetwork.com>

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